



Essential Guidelines for a Smooth and Successful Procedure

This guideline includes the following:



ITINERARY



DO'S AND DON'TS BEFORE
YOUR SURGERY



HOW DO I FIND MY TRANSFER
CAR AT THE AIRPORT?



WHAT SHOULD I CARE ABOUT
AFTER MY SURGERY?



TRAVEL GUIDE



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Itinerary

1. Day



After arrival, you'll go to your hotel in a VIP Vito Van (if included)



2. Day

Surgery day: Transfer to hospital, tests, final consult, then overnight stay



3. Day



You'll return to your hotel to rest or sightsee if you feel well.



6. Day

Your final check-up will be done before you leave.

7. Day



You will be taken to the airport. Your journey ends here safely!



Do's & Don'ts

General Pre-Surgery Rules

**2 Weeks
Before**



Quit smoking,
alcohol, blood
thinners and herbals

Keep a stable
weight

**8 Hours
Before**



No eating,
drinking or
smoking*



Keep the
surgical area
clean

Before Arrive



Bring your
ID, cash and
documents



Wear buttoned
clothing and
slippers

Surgery Day



Do not apply makeup, creams. Remove jewelry,
artificial nails, nail polish, contact lenses or false
eyelashes**

*No need to fast for local anesthesia procedures

**No need to remove false lashes if no eyelid procedure



Your Airport Transfer (If Included)



ISTANBUL AIRPORT (IST)

Upon arrival, transfer staff will meet you at the meeting point (G55) and escort you safely to the vehicle



You can click here to see the video of instructions



SABIHA GOKCEN AIRPORT (SAW)

First go to G55 at the TÜRSAB Meeting Point. Provide the reservation code shared with you to the staff, and they will escort you safely to the vehicle.



You can click here to see the video of instructions



Your Personalized Recovery Plan

Please review your instructions after surgery, once you've received all necessary information from your doctor



CLICK HERE

1. Select your surgeries
2. Select your medications after they have been delivered to you
3. Select other details (such as drains, type of anesthesia, and stitches) once they are clear
4. Carefully read the entire page
5. Pay special attention to the illustrations in the “When to Call Dr. Semih” section



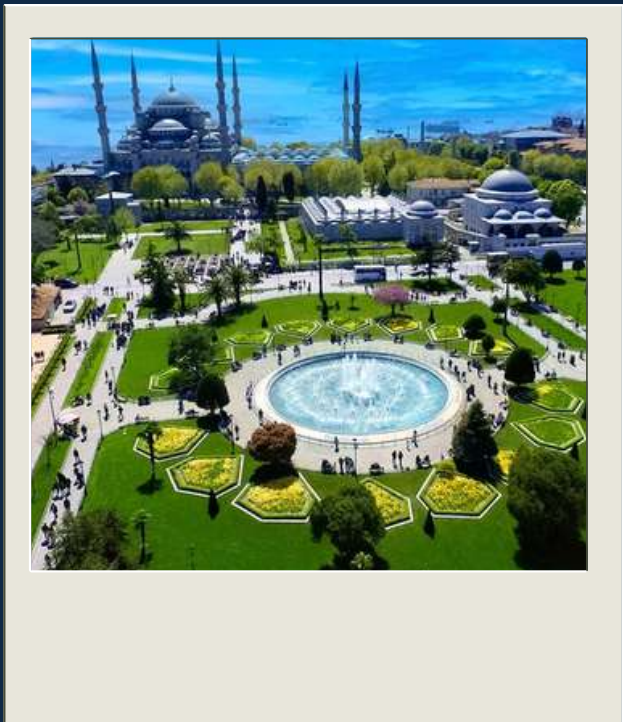
Tip: You may download and print the page as a PDF if needed. If you are unable to do so, you may ask your patient coordinator to provide you with a copy.



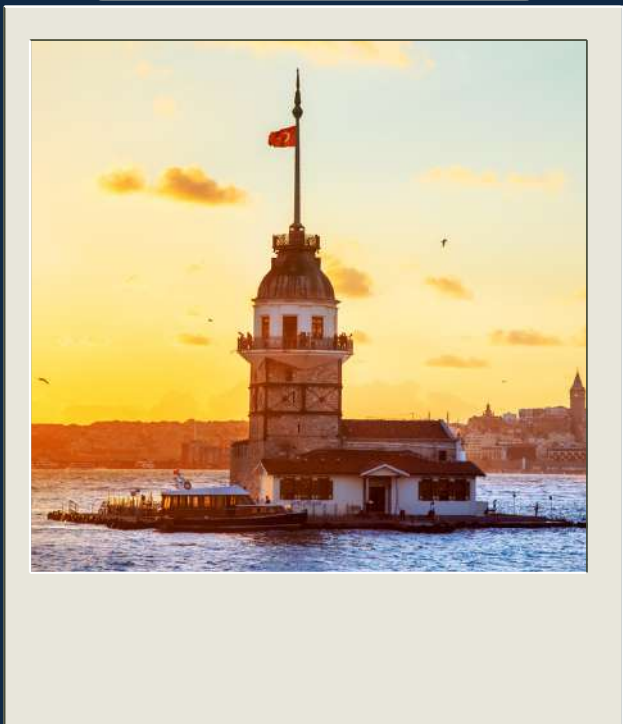
TRAVEL GUIDE

We recommend taking time to rest, but if you feel comfortable enough to explore, here are some nearby landmarks you can enjoy on your 5th or 6th day after surgery!

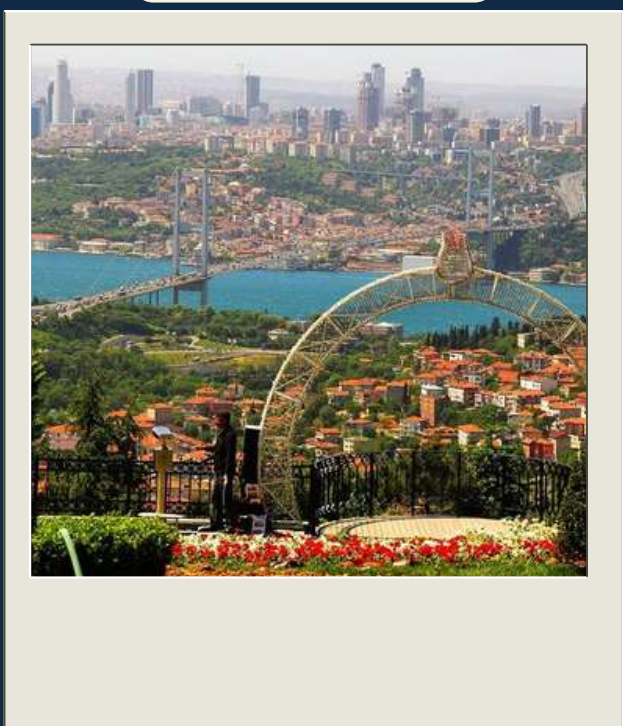
Sultanahmet Square



Maiden's Tower



Çamlıca Hill

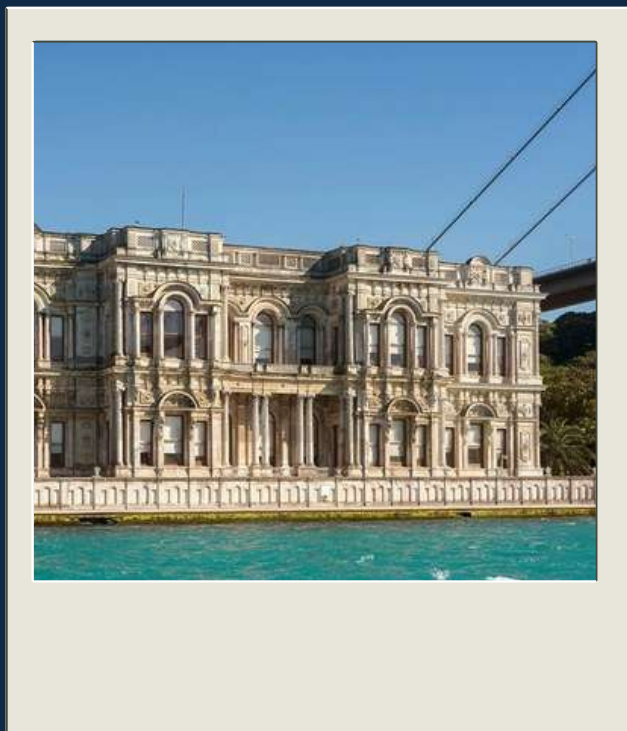


Nearest Shopping Mall

Antwell.....>Emaar
Mercure.....>Capitol
Hilton.....>Canpark



Topkapi Palace



Beylerbeyi Palace

We recommend a taxi for convenience. Alternatively, we can arrange a VIP Vito transfer if you prefer